

Identity and Music



Name: _____ Class period: _____



identity

Journal Activity

1. What is your definition of "identity"?

2. Write down 3-5 of the most important aspects of your identity.

3. Choose 2 of the above and explain why they are important to your identity.

4. Give a rating for how important music is to your identity.

0 (not at all) **1** **2** **3** **4** **5** (very important)



Identity - Class Notes

What is the class definition of "identity"?

After listening to "Gorgeously Me" by Jonathan Van Ness, what are **2 things** that make you "gorgeous" or unique from other people?

After listening to "The Name Jar" by Yangsook Choi, what do you think your name says about you? Do you think your name fits you well, or would you choose something different? If you want a different name, what would it be and why? (2 sentences)

16 PERSONALITIES



16 Personalities Test

1. Take the test on your iPad by scanning the QR code or Google searching "16Personalities Test". Write your personality type below.

-
2. Scroll to **1 - Personality Traits**. Which trait is your highest percentage?

-
3. The above personality trait is your superpower! Copy the description of this trait below.

4. Reflect on your life experiences lately and think of a time when your superpower helped you. Write about what happened and how your superpower personality trait helped you in a positive way.

If you cannot think of an example from the past, try to predict the future. In what kinds of situations might your superpower help you? Choose one possible situation and write about it below.



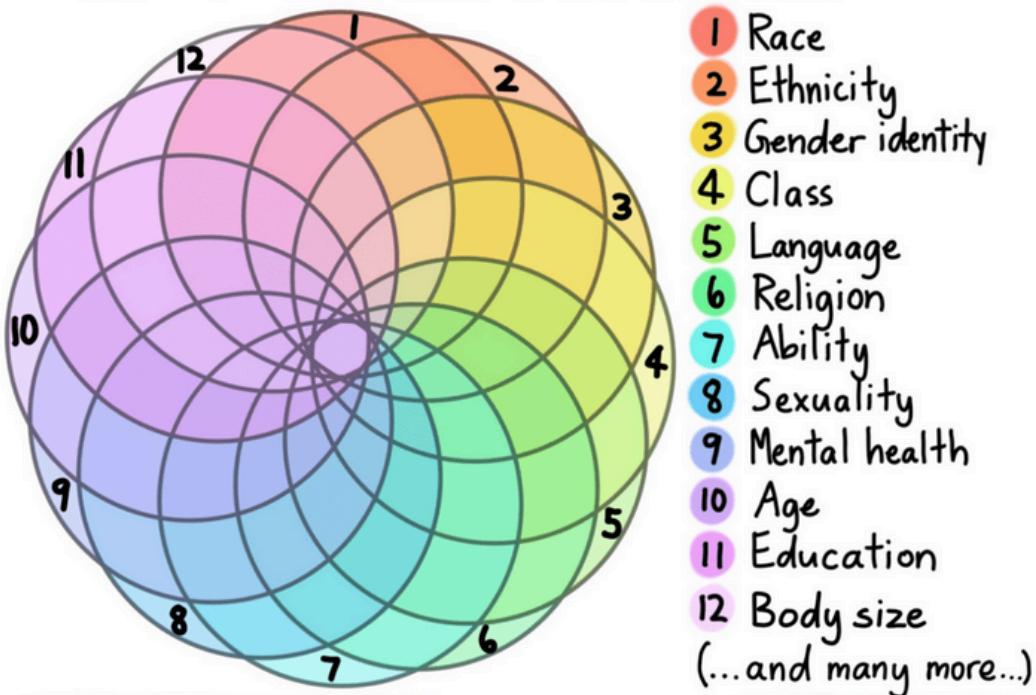
Identity Parameters

Choose 5 of the parameters or categories that we talked about in class and write them below. In the second column, use adjectives that are specific to your identity.

Category/Parameter	Describe Your Identity

Choose 2 of the categories above and write 3 sentences about how they intersect in your life. See the images on the next page for help.

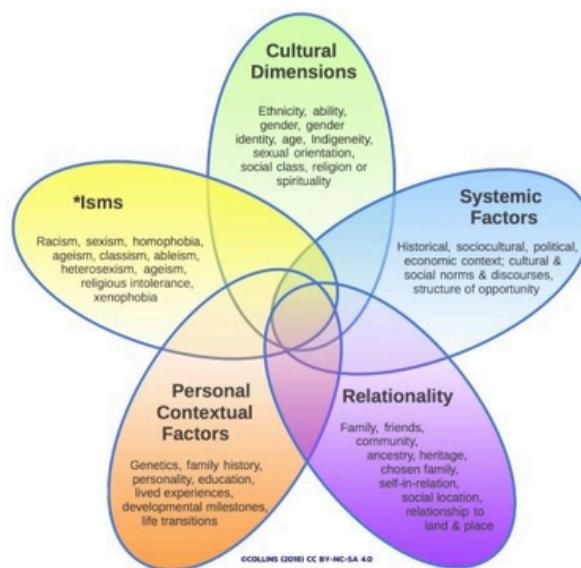
INTERSECTIONALITY

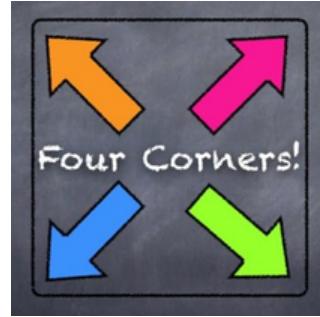


Intersectionality is a lens through which you can see where power comes and collides, where it locks and intersects. It is the acknowledgement that everyone has their own unique experiences of discrimination and privilege.

– Kimberlé Crenshaw –

@sylviaduckworth





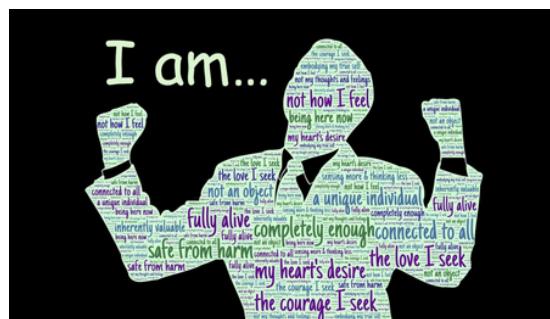
4 Corners Reflection

Choose one of the 4 Corners questions (birth order, hardest part of the day, Mood Meter quadrant) to focus on as you answer the prompts below.

Which question stood out to you the most? (birth order, hardest part of the day, Mood Meter emotion)

Did you change your answers for any of the questions once you heard your peers' responses?

What did you learn about your identity in this activity? If you didn't learn anything about yourself, what did you learn about someone else?



Domains of Life

Your social life includes your relationships with your friends and with peers who aren't your friends.	Your academic life includes any aspects of your studies, in school or elsewhere.
Your artistic life includes any activity that involves creating something beautiful or appealing.	Your athletic life includes any activity that develops your body's skills and strengths.
Your family life includes your relationships with various relatives and with your family as a whole.	Your civic life includes anything you do to fulfill your responsibilities as a member of a community.
Your spiritual life includes anything you do to practice a religion or connect to a higher power.	Your physical life is how you take care of your body's most basic needs.



Journal Activity

1. Choose your top 6-8 values and write them below. Then copy them on your poster (previous page).
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2. Narrow your list down to your top 3 core values. This may be difficult! Take your time and don't just copy off someone else.
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3. Take 1 of your 3 values from above and fit it into one of the 8 domains of your life (social, academic, etc).

Value: _____ Domain: _____

4. What action(s) can you take to ensure that you will uphold this value in this area of your life? Write at least 2 sentences.



Connecting Music with Identity

1. Go back to the second page where you rated how important music was to your identity. What was the number you rated it, and why did you give it this rating?

2. Go back to page 3 that has the class definition. Choose a song that either your friends/family would associate with you, or a song that relates to your definition of who you are, according to your answers from this page.

Song title: _____ Artist: _____

3. Go back to page 4 (Identity Parameters). Choose one of the parameters and find a song that relates to that category. Ex: Parameter = hobby - gamer. Choose a video game theme from your favorite game.

Song title: _____ Artist: _____

4. Go to page 6 (4 Corners). Find a song that relates to your reflection of your identity on this page.

Song title: _____ Artist: _____

5. Go to page 9 (Values). Choose a song that relates to one of your 3 Core Values.

Song title: _____ Artist: _____

