



# Goal Setting Reflection

## Post-Performance Task Reflection

### Project Completion

- **Did you turn in your songwriting final on time?**
  - Options: Yes / No

### Motivation Analysis

- **If yes, what motivated you to turn in your songwriting final on time?**
- **If no, what prevented you from turning in your assignment on time?**
  - Explore factors that influenced your motivation.

### Personal Goal Achievement

- **Did you reach your personal goal?**
  - Options: Yes / No
- **If yes, can you provide evidence of this achievement to your teacher?**
  - Options: Yes / No

- Example: If your goal was to improve in writing melodies, provide one of your melodies as evidence.

## Future Motivation and Goal Setting

- **Do you think that goal setting could help your motivation in the future?**
  - Options: Yes / No
- **Please explain your answer about goal setting.**
  - Reflect on how goal setting might influence your future motivation.

## Favorite Project

- **What was your favorite project in music tech and why?**
  - Share insights on what made a particular project enjoyable or impactful.